



U12 Girls 2024-25 Season Guide

TOGETHER IT'S POSSIBLE

The following serves as a guide for the 2024-25 Season for the U12 Girls age group. (Birth year - 2013). Please note that some items on this guide are still in the works and **subject to change**.

Coaching Assignments will be made following tryouts.

PHILOSOPHY & TEAM FORMATION

- At the U12 Age Group, players begin to show higher levels of desire and motivation for the game so the emphasis is on keeping that love growing by teaching proper training methods and introducing more drills and exercises that allow the players to compete. Teaching them more about the game takes precedence over the emphasis of winning. Providing an environment where the players continue to learn and be challenged to test their skills and decision making is key.
- The team roster ideally will consist of 12-13 players.
- Players may be asked to move up for some competitions if the coaching staff believes they are ready.

TRYOUT INFORMATION

- Birth Year - 2013
- Tryout Location - Cedar Valley SportsPlex(300 Jefferson St, Waterloo, IA 50701)
- Dates: Monday, June 3rd & Wednesday, June 5th @ 6:30 PM - 7:45 PM

Bid Day(Team Invites Sent Out)

- June 12th, 2024 from 8:00 AM to 8:00 PM

First Official Week of Practice

- Monday, August 5th

Seasons

- Fall - Early August through mid-November
- Winter - Early December through mid-March
- Spring - Late March through mid-June

CALENDAR

- **FALL & SPRING** (EACH Season Gets the Following:)
 - 2-3 Practices/Week (3rd is a Small Group Training Session and will be scheduled on Wednesday's during lighter weeks with no League Games or Tournaments.
 - Practices = 75 Minutes (Days & Times TBD)
 - Small Group Sessions = 60 Minutes
 - Some optional Open Plays(Small Sided Scrimmages) will be added on lighter weeks with no League Games or Tournaments.
 - 3 Tournaments (Will be Options for Additional Tournaments)
 - 4-6 League Games (ISL - Iowa Soccer League)
 - 6-8 Small Group Training Sessions
 - 3-5 Open Plays
- **WINTER**
 - 1 Practice/Week & 1 Small Group Session/Week (Days/Times TBD)
 - 10 - 12 Small Group Training Sessions
 - 8 - 10 Open Plays
 - 1 Tournament (Will be Options for Additional Tournaments)

COSTS

- \$1725.00 Annual Fee
- No Upfront Cost/Down Payment
- Payment Options will be Available (3, 6, and 9 Month Options)
- 1st Payment Due **July 1st**
- NOT INCLUDED - Travel Expenses & Uniforms

Uniforms

- Player Package = Approximately \$169.00
 - Full Home & Away Kits: Jerseys, Shorts, Socks
 - 1 Training Top & Shorts
 - Warm-Up Jacket
- Will be available to order through New Gen Sports Group via store link on our website.
- Non-Mandatory items will be available on the shop as well.